

PUNE MUNICIPAL CORPORATION

Health Department

Instructions to Workers/Labourers/people working in flood waters

DO

- Cover, with waterproof plasters, all open scratches, cuts, sores and skin affected by eczema etc.
- Wash your hands before eating, drinking or smoking, and after you have finished working.
- Wear protective equipment you are provided with—including rubber gloves and boots.
- Wash thoroughly, and as soon as possible, if you have entered the water.
- See a doctor if you feel ill with flu-like symptoms, and tell them you have been working near water.
- Site Leader should ensure there are adequate washing facilities and first aid on site.
- Important: If the Doctor decides you have Leptospirosis tell your site leader who should then notify it to Local Health Authority & the Health & Safety Officer.

DON'T

- Don't encourage the presence of vermin —keep the site tidy and dispose of all rubbish correctly.
- Don't handle dead rats with unprotected hands; wherever possible use a shovel or other tool.
- Don't be tempted to drink any water on site (apart from what has been provided for drinking), even if it looks clean.
- Don't wear contaminated site clothing in food preparation or eating areas.