

Vaccine use

Vaccination is the most effective way to prevent infection and severe outcomes caused by influenza viruses.

Vaccination is especially important for people at higher risk of serious influenza complications, and for people who live with or care for high risk individuals.

WHO recommends seasonal influenza vaccination for:

- a. Highest priority:
 - a. Pregnant women

 - b. Priority (in no particular order):
 - a. Children aged 6-59 months
 - b. Elderly
 - c. Individuals with specific chronic medical conditions
 - d. Health-care workers.
- ❖ **Chronic medical conditions** : Conditions that last 1 year or more and require ongoing medical attention or limit activities of daily living or boths.
- a. Chronic renal failure
 - b. Uncontrolled diabetes.
 - c. Chronic obstructive pulmonary disease
 - d. Chronic Heart disease
 - e. Chronic liver disease
 - f. Blood disorder
 - g. Neurological Disorder
 - h. Patients on steroids.
 - i. Morbidly obese BMR > 30
 - j. Any other medical condition as per above definition.